BREAKFAST

served 7:30-11:30

ALMOND OATS **60**
Cooked in almond milk with nut butter, caramelized banana & almond flakes

MUESLI BREAKFAST **60**
seasonal fruit with double cream yoghurt & house made muesli

AVO TOASTIE **56**
Smashed avo on a slice of toast with house-made sesame sprinkle

CHLLI CRUNCH EGGS **80**
2 fried eggs with chilli crunch on herby labneh with half and avo & tomatoes

ON THE GO **40**
Fried egg topped with cheese and bacon on a fresh roll

BREAKFAST WRAP **62**
Scrambled egg, bacon, mushrooms, tomato & cheese on a toasted tortilla

CLASSIC SCRAMBLED ON TOAST **44**
2 creamy scrambled, eggs with a slice of toast

THE HOUSE SMOKED **98**
Two thick cut house smoked bacon rashers, two eggs, sliced avo & toast

FULL HOUSE **98**
Two eggs, bacon, two pork sausage, grilled tomatoes, mushrooms and toast

78 BREAKFAST **54**
One egg, bacon, one sausage, tomatoes & toast

OMELETTE BACON **67**
Bacon, mushroom & cheese with a slice of toast

OMELETTE MUSHROOM **58**
Mushroom and cheese with a slice of toast

EXTRAS

SLICED AVO	30	PORK SAUSAGE	20
MUSHROOMS	15	BACON	20
FRIED EGG	12	SALAMI	20
TOMATO	10	HAM	20
TOAST	6	GRILLED CHICKEN	20
CHEESE	15	100G BEEF FILLET	50
OLIVES	15		
GRILLED ONION	12		

PRICES ARE SUBJECT TO CHANGE

ALL ITEMS SEASONAL SO SUBJECT TO AVAILABILITY

BREAKFAST

78 HAVELOCK

served 7:30-11:30

ALMOND OATS 60
Cooked in almond milk with nut butter, caramelized banana & almond flakes

MUESLI BREAKFAST 60
seasonal fruit with double cream yoghurt & house made muesli

AVO TOASTIE 56
Smashed avo on a slice of toast with house-made sesame sprinkle

CHLLI CRUNCH EGGS 80
2 fried eggs with chilli crunch on herby labneh with half an avo & tomatoes

ON THE GO 40
Fried egg topped with cheese and bacon on a fresh roll

BREAKFAST WRAP 62
Scrambled egg, bacon, mushrooms, tomato & cheese on a toasted tortilla

CLASSIC SCRAMBLED ON TOAST 44
2 creamy scrambled, eggs with a slice of toast

THE HOUSE SMOKED 98
Two thick cut house smoked bacon rashers, two eggs, sliced avo & toast

FULL HOUSE 98
Two eggs, bacon, two pork sausage, grilled tomatoes, mushrooms and toast

78 BREAKFAST 54
One egg, bacon, one sausage, tomatoes & toast

OMELETTE BACON 67
Bacon, mushroom & cheese with a slice of toast

OMELETTE MUSHROOM 58
Mushroom and cheese with a slice of toast

DUKKAH ROASTED BREAKFAST BOWL 78
3 scrambled eggs, dukkah roasted tomatoes, full fat cottage cheese & micro herbs

HARVEST TABLE - FROM 12:00

GRILLED CHICKEN COMBO		MEAL OF THE DAY	S: 50	L: 80
WITH 1 SIDE	55	1 SIDE ONLY	30	
WITH 2 SIDES	72	2 SIDES ONLY	60	
WITH 3 SIDES	92	3 SIDES ONLY	80	

SEASONAL ITEMS ARE SUBJECT TO AVAILABILITY
PRICES ARE SUBJECT TO CHANGE

BEVERAGES

served all day

HOT BEVERAGES

	250ML	350ML	500ML
AMERICANO	28	36	40
CAPPUCCINO	34	40	48
MOCHA		40	48
CAFE LATTE		42	
HOT CHOCOLATE		42	48
CHAI LATTE		42	48
DIRTY CHAI		44	48
RED CAPPUCCINO	36	40	
CORTADO	36		
FLAT WHITE	36		
+ ALMOND MILK	12		
+ VANILLA/HAZELNUT SYRUP	12		

MOOD LIFTER - Hot water, lemon, ginger slices & honey **29**

ALL ABOVE AVAILABLE AS DECAF

COLD COFFEE - 350ml

78 FREEZE **45**
Toffee/Vanilla latte blended with ice

MOCHA FREEZE **45**
Cafe mocha blended with ice

WHITE ICE **45**
Cafe latte shaken with ice and condensed milk

SMOOTHIES - 350ML

SWEETHEART **52**
Blueberries, banana, cacao, peanut butter, nut milk, dates

STRAWBERRY **64**
Strawberries, banana, nut milk, dates, protien powder

CHOC NUT **52**
Banana, peanut butter, nut milk, cacao, cinnamon, dates

THE GREEN **52**
Spinach, cucumber, pinapple, avo, banana, chai seeds

LUNCH

HAVELOCK

served 11:00-15:00

SARMIES & WRAPS

on white brown or ciabatta, make it a wrap + R8

CHICKEN MAYO 50
house roasted chicken with chives & creamy mayo

BACON AND AVO 62
Bacon, avocado, feta and spinach

FILLET STEAK 96
100g beef fillet, tomato, red onion, rocket with mustard mayo

CHIPOTLE CHICKEN CLUB 72
Grilled chicken, bacon, tomato, lettuce, cheese & chipotle mayo

CARIBBEAN JERK 72
Chicken, rice, black bean, cheese, pineapple salsa, lettuce, jerk sauce

CHEESE & TOMATO 40
The classic, cheese and tomato

PULLED PORK BUN 55
House smoked pulled pork, cauliflower slaw, mint aioli, gherkin, onion

HOUSE SMOKED BLT 65
Bacon, baby spinach, tomato, mint aioli, toasted ciabatta

CHICKEN CAPRESE 85
Grilled chicken, mozzarella, tomato, sliced avo, basil pesto & balsamic glaze

FRESH & HEALTHY

CHICKEN SALAD 82
Grilled chicken fillet, lettuce, tomato, cucumber, onion, feta & herb dressing

WARM ROASTED VEGETABLE SALAD 72
Seasonal veggies, couscous, lettuce, tomato, cucumber, feta, sesame sprinkle

BEEF FILLET SALAD 134
100G Beef fillet, lettuce, tomato, cucumber, feta, olives & herb dressing

STIR FRY 82
Chicken fillet, cabbage, carrots, corn, peppers, spinach, broccoli with a dhania soy, sesame dressing

BURGERS

BEEF BURGER 62
Housemade beef pattie with tomato, lettuce, red onion & burger mayo

CHICKEN BURGER 55
Grilled chicken fillet with lettuce, tomato, red onion & burger mayo

+ HOT CHIPS 25 **+ SIDE SAUCE/AIOLI 6**

78 HAVELOCK

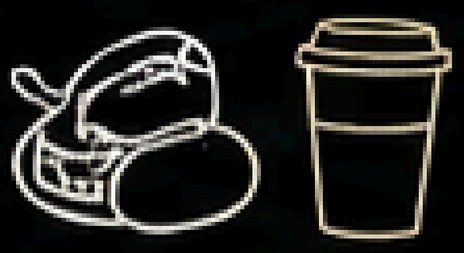
COMBOS

GREAT VALUE. MORE FOR YOU.

78 BREAKFAST COMBOS

MOST POPULAR

EGG ROLL + COFFEE



50

BREAKFAST WRAP + COFFEE



75

78 BREAKFAST + COFFEE



65

LUNCH COMBOS

CHICKEN BURGER + CHIPS



75

BEEF BURGER + CHIPS



85

ANY SARMIE + CHIPS + COOLDRINK



85

QUICK PICKS

UNDER 10 MIN

CHICKEN MAYO	50
BACON & AVO	62
CHEESE & TOMATO	40
ON THE GO ROLL	40
PULLED PORK BUN	55

HARVEST LUNCH

FAST • FILLING • DAILY

3 ITEMS	60
5 ITEMS	85

CHOOSE FROM TODAY'S SELECTION

ALL ITEMS SEASONAL SO SUBJECT TO AVAILABILITY