

BREAKFAST



served 7:30-11:30

ALMOND OATS	54
Cooked in almond milk with nut butter, caramelized onion & almond flakes	
MUESLI BREAKFAST	54
seasonal fruit with double cream yoghurt & house made muesli	
AVO TOASTIE	49
Smashed avo on a slice of toast with house-made sesame sprinkle	
THE ADVOCATE SPECIAL	73
Smashed avo on a slice of toast with sesame sprinkle, 2 poached eggs	
ON THE GO	36
Fried egg topped with cheese and bacon on a fresh roll	
BREAKFAST WRAP	54
Scrambled egg, bacon, mushrooms, tomato & cheese on a toasted tortilla	
THE BREAKFAST PIZZA	62
Pizza with tomato base, bacon, mushrooms, cheese and a fried egg	
THE HOUSE SMOKED	89
Two thick cut house smoked bacon rashers, two eggs, sliced avo & toast	
FULL HOUSE	89
Two eggs, bacon, two pork sausage, grilled tomatoes, mushrooms and toast	
78 BREAKFAST	49
One egg, bacon, one sausage, grilled mushrooms & tomatoes, toast	
OMELETTE BACON	59
Bacon, mushroom & cheese with a slice of toast	
OMELETTE MUSHROOM	52
Mushroom and cheese with a slice of toast	

EXTRAS

SLICED AVO	30	PORK SAUSAGE	20
MUSHROOMS	15	BACON	20
FRIED EGG	12	SALAMI	20
TOMATO	10	HAM	20
TOAST	6	GRILLED CHICKEN	20
CHEESE	15	100G BEEF FILLET	50
OLIVES	15		
GRILLED ONION	12		
		ALL ITEMS SEASONAL SO	
		SUBJECT TO AVAILABILITY	

LUNCH



served 11:00-15:00

SARMIES & WRAPS

on white brown or ciabatta, make it a wrap + R8

CHICKEN MAYO	44
house roasted chicken with chives & creamy mayo	
BACON AND AVO	56
Bacon, avocado, feta and spinach	
FILLET STEAK	86
100g beef fillet, tomato, red onion, rocket with mustard mayo	
CHIPOTLE CHICKEN CLUB	63
Grilled chicken, bacon, tomato, lettuce, cheese & chipotle mayo	
CARIBBEAN JERK	63
Chicken, rice, black bean, cheese, pineapple salsa, lettuce, jerk sauce	
CHEESE & TOMATO	36
The classic, cheese and tomato	

SALADS

CHICKEN SALAD	74
Grilled chicken fillet, lettuce, tomato, cucumber, onion, feta & herb dressing	
ROASTED VEGETABLE SALAD	66
Seasonal veggies, couscous, lettuce, tomato, cucumber, feta, sesame sprinkle	
BEEF FILLET SALAD	109
100G Beet fillet, lettuce, tomato, cucumber, feta, olives & herb dressing	
QUINOA BOWL	64
Quinoa, roasted veg, hummus, lettuce, tomato, pickled red onion	

BURGERS

BEEF BURGER	55
Housemade beef pattie with tomato, lettuce, red onion & burger mayo	
CHICKEN BURGER	50
Grilled chicken fillet with lettuce, tomato, red onion & burger mayo	
+ HOT CHIPS	18
+ SIDE SALAD	25

HARVEST TABLE - FROM 12:00

GRILLED CHICKEN COMBO	MEAL OF THE DAY	S: 45	M: 75
WITH 1 SIDE	50	1 SIDE ONLY	25
WITH 2 SIDES	65	2 SIDES ONLY	50
WITH 3 SIDES	85	3 SIDES ONLY	70

BEVERAGES



served all day

HOT BEVRAGES

	250ML	350ML	500ML
AMERICANO	22	30	32
CAPPUCCINO	28	34	38
MOCHA		36	40
CAFE LATTE		36	40
HOT CHOCOLATE		36	40
CHAI LATTE		36	40
DIRTY CHAI		40	44
RED CAPPUCCINO	30	36	42
CORTADO	36		
FLAT WHITE	36		
+ ALMOND MILK	12		
+ VANILLA SYRUP	12		
+ HAZELNUT SYRUP	12		

ALL ABOVE AVAILABLE AS DECAF

COLD COFFEE - 350ml

78 FREEZE	45
Toffee/Vanilla latte blended with ice	
MOCHA FREEZE	45
Cafe mocha blended with ice	
WHITE ICE	45
Cafe latte shaken with ice and condensed milk	

SMOOTHIES - 350ML

SWEETHEART	46
Blueberries, banana, cacao, peanut butter, nut milk, dates	
STRAWBERRY	50
Strawberries, banana, nut milk, dates, protien powder	
CHOC NUT	46
Banana, peanut butter, nut milk, cacao, cinnamon, dates	
THE GREEN	46
Spinach, cucumber, pinapple, avo, banana, chai seeds	

PIZZA



served 10:00-15:00

Our pizza bases are made on site with stone ground flour

MARGHERITA	89
Tomato base, mozzarella and fresh basil	
HAM & MUSHROOM	109
Tomato base, chopped ham, mushrooms, mozzarella & rocket	
SALAMI	109
Tomato base, sliced salami, gorgonzola with mozzarella & rocket	
78 PIZZA	129
Tomato base, bacon, feta, avo, mozzarella with rocket	
BBQ CHICKEN	119
Tomato base, BBQ chicken, mushrooms, mozzarella & rocket	
BEEF FILLET	149
Tomato base, sliced tomato, beef fillet strips, mozzarella & rocket	

EXTRAS

SLICED AVO	30	CHOPPED HAM	20
MUSHROOMS	15	CHOPPED BACON	20
TOMATO SLICED	10	SALAMI	20
ONION	12	PULLED PORK	35
OLIVES	15	GRILLED CHICKEN	20
CHEESE	15	100G BEEF FILLET	50
JALEPENO	15		
PINEAPPLE	12		

TO ORDER:

CALL US ON 041 506 5899

OR ORDER VIA THE LINK ON THE MENU PAGE ON THE WEBSITE
(WITHIN OASIM BUILDINGS ONLY) OR UBER EATS

PRICES SUBJECT TO CHANGE WITHOUT NOTICE
ALL ITEMS SUBJECT TO SEASONAL AVAILABILITY